

MON	TUES	WED	THURS	FRI
	4	5	6	7
Quinoa-Breaded Pop-Corn Chicken	(Chicken) Quesadillas & Guac	(Tacos al Pastor (Pineapple Marinated pork	Chunky Fish Fingers	Pizza Parcel
Greek Yogurt And Granola Banana Split	Sweet Potato Brekky Bowl	Blueberry Bars	Baked Sweet Potato Donut Holes	Oatmeal Cups
Berries and Pineapple	Banana		Tangerine	Watermelon
	11	12	13	14
Ground Beef Pocket	Sheet-pan (Ham and) Egg in a Hole	Fish Potato Croquettes	Tuna Melt	Lasagna Roll ups
Apple Cinnamon Porridge	Protein Breakfast Cookies	Stewed Pears	Pear Porridge	Lemon Poppy Seed Madeleines
Apple	Oranje		Pineapple	Melon
	18	19	20	21
TLT (turkey-lettuce-tomato) Wrap	Broccoli (Chicken) Mac n Cheese Muffins	Pancetta, Spinach And Mushroom Crepes	Baja Fish Tacos with sweet apple coleslaw	Bacon And Egg Crumpet Melts
Coconut Flour Muffin	Oatmeal Bars	Cocoa Banana Smoothie Bowl	Instant Pot Oatmeal	Strawberry Overnight Oats
Tangerine	Strawberry		Grapes	Banana
	25	26	27	28
BBQ Chicken Skewers	Sweet Potato & Zucchini Tots	Artichoke Spinach Parmesan Frittata	Crispy Mahi Mahi Bao	Cheese Burger Sliders
Vegan Waffles	Pb & J Chia Pudding	French Toast Egg Puffs	Strawberry Smoothie	Blueberry & Banana Oatmeal Muffins
Watermelon	Tangerine		Strawberry	Pineapple