



Juice Break  
LAGOM  
KITCHEN & CANTEEN

## DRINK YOUR GREENS !!!

Juice Plan During E.S. break

Complementary lunch option.

Students take their fresh JUICE in E.S. Red Bar

Parents request for our Juice Break Plan writing to [fdr@lagom.pe](mailto:fdr@lagom.pe)

S/. 55.<sup>90</sup> weekly plan

## WEEKLY PLAN

monday	Maca Banana Smoothie
tuesday	Orange, Carrot & Ginger Juice
wednesday	Cacao, Coconut & Lúcumá Smoothie
thursday	Apple, Orange, Carrot, Ginger and Beet Juice
tgif	4 Ingredient Strawberry Smoothie