

## MON CHICKEN LO MEIN

EGGNOODLES
CHICKEN BREASTINSOYSAUCE

## CARROTS, GREEN ONION \& GARLIC

BELL PEPPERS
MUSHROOMS (VEGGIEOPTION)

THURS
THURS CHICKEN-TERIYAKI PILAF
COOKED BROWN RICE
SWEETAND TANGY STICKYCHICKEN ASPARAGUS

MUSHROOMSSAUTÉ
CASHEWS (VEGGIE OPTION)

TUE KIMCHI PORK BLISS
BOILEDKOREAN RICE
CHAR SIU (CHINESEBBQ) PANCETTA
CUCUMBER RIBBONS, RED CABBAGE
AVOCADO SLICED AND SESAMESEEDS CAULIFLOWER BITES (VEGGOPT)

FRI LASAGNA
LASAGNASHEETS
SIRLOIN, PORK \& PROSCIUTTO
TOMATO PASSATA
GRATED CHEESE \& BÉCHAMEL SAUCE ROASTEDEGGPLANT (VEGGOPT)

